

Food Spending - Food Spending Report

Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
TOTAL					
Total number of households	27,275		17,566		
HOUSEHOLD ANNUAL SPENDING					
Total annual food expenditure	\$10,856.80		\$17,563.50		162
Total food purchased from stores	\$8,926.11		\$14,528.60		163
Total food purchased from stores while on trips overnight or longer	\$98.43		\$160.18		163
Total food purchased from stores locally and on day trips	\$8,827.68		\$14,368.40		163
Food purchased from specialty stores locally and on day trips	\$741.41		\$1,174.19		158
Food purchased from convenience stores locally and on day trips	\$220.72		\$363.76		165
Food purchased from supermarkets locally and on day trips	\$6,216.21		\$10,088.30		162
Food purchased from other stores locally and on day trips	\$888.32		\$1,446.57		163
Food purchased from restaurants	\$1,930.67		\$3,034.94		157
Food purchased from restaurants locally and on day trips	\$1,654.40		\$2,597.49		157
Food purchased from restaurants while on trips overnight or longer	\$276.27		\$437.45		158
BAKERY PRODUCTS					
Bakery products	\$810.77		\$1,366.08		168
Bread and unsweetened rolls and buns	\$333.40		\$561.75		168
Bread	\$224.37		\$378.05		168
Unsweetened rolls and buns	\$109.03		\$183.71		168
Cookies and crackers	\$182.43		\$307.37		168
Cookies and sweet biscuits	\$93.74		\$157.93		168
Crackers and crisp breads	\$88.69		\$149.44		168
Other bakery products	\$294.94		\$496.95		168
Other bakery products (except frozen)	\$257.67		\$434.14		168
Ready-to-bake bakery products (except frozen)	\$5.37		\$9.05		169
Ready-to-eat pastry (except frozen)	\$205.61		\$346.43		168
All other bakery products (except frozen)	\$46.69		\$78.67		168
Frozen bakery products	\$37.28		\$62.81		168
Dessert pies, cakes, squares, and other pastries - prepared and frozen	\$12.57		\$21.17		168
Other frozen bakery products	\$24.71		\$41.64		169
CEREAL GRAINS AND CEREAL PRODUCTS					
Cereal grains and cereal products	\$547.32		\$858.78		157
Rice and rice mixes	\$85.31		\$133.86		157
Rice	\$79.35		\$124.50		157
Rice mixes	\$5.97		\$9.36		157
Pasta products	\$80.77		\$126.73		157
Pasta (fresh or dry)	\$62.42		\$97.95		157

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	Value	Percent	Value	Percent	Index
Pasta (canned)	\$5.19		\$8.14		157
Pasta mixes	\$13.16		\$20.65		157
Other cereal grains and cereal products	\$381.24		\$598.19		157
Flour and flour-based mixes	\$47.95		\$75.24		157
Flour	\$38.56		\$60.50		157
Cake and other flour-based mixes	\$9.40		\$14.75		157
Breakfast cereal and other grain products (except infant)	\$333.29		\$522.95		157
Breakfast cereal (except infant cereals)	\$119.50		\$187.50		157
Cereal bars	\$82.35		\$129.21		157
Cereal-based snack food	\$103.12		\$161.81		157
Other cereal grains (unmilled or milled)	\$28.32		\$44.43		157
FRUIT, FRUIT PREPARATIONS AND NUTS					
Fruit, fruit preparations and nuts	\$1,108.37		\$1,850.20		167
Fresh fruit	\$739.91		\$1,250.22		169
Apples (fresh)	\$100.94		\$170.55		169
Bananas and plantains (fresh)	\$78.11		\$131.99		169
Grapes (fresh)	\$73.28		\$123.81		169
Peaches and nectarines (fresh)	\$34.32		\$57.98		169
Peaches (fresh)	\$22.66		\$38.29		169
Nectarines (fresh)	\$11.66		\$19.70		169
Pears (fresh)	\$19.82		\$33.48		169
Berries (fresh)	\$160.86		\$271.80		169
Strawberries (fresh)	\$52.12		\$88.07		169
Other berries (fresh)	\$108.74		\$183.73		169
Citrus fruit (fresh)	\$115.76		\$195.59		169
Other fruit (fresh)	\$156.84		\$265.01		169
Preserved fruit and fruit preparations	\$215.45		\$350.83		163
Fruit juice	\$92.88		\$151.25		163
Ready-to-drink citrus juice	\$35.36		\$57.58		163
Other ready-to-drink fruit juices	\$57.52		\$93.67		163
Ready-to-drink apple juice	\$19.07		\$31.05		163
All other ready-to-drink fruit juices	\$38.46		\$62.62		163
Concentrated fruit juice (frozen)	\$1.29		\$2.09		162
Other preserved fruit and fruit preparations	\$121.28		\$197.49		163
Preserved fruit (including canned fruit pie filling and frozen fruit)	\$52.96		\$86.25		163
Canned or bottled fruit	\$15.88		\$25.86		163
Fruit pie filling	\$1.22		\$1.98		162
Frozen fruit	\$35.87		\$58.40		163
Dried or other preserved fruit	\$33.33		\$54.27		163
Raisins	\$6.60		\$10.75		163
Other dried or preserved fruit	\$26.73		\$43.52		163
Jams, jellies, marmalades, and similar preserves	\$19.11		\$31.11		163
Fruit drinks (canned, bottled, or frozen)	\$15.88		\$25.86		163

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Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Nuts and seeds	\$153.01		\$249.15		163
Peanuts (shelled or unshelled)	\$13.53		\$22.03		163
Other nuts and seeds	\$139.48		\$227.12		163
VEGETABLES AND VEGETABLE PREPARATIONS					
Vegetables and vegetable preparations	\$1,078.50		\$1,811.44		168
Fresh vegetables	\$901.16		\$1,525.56		169
Potatoes (except sweet potatoes)	\$67.21		\$113.79		169
Tomatoes (fresh)	\$80.96		\$137.05		169
Lettuce (fresh)	\$53.15		\$89.98		169
Cabbage (fresh)	\$36.19		\$61.26		169
Carrots (fresh)	\$45.80		\$77.53		169
Onions (fresh)	\$60.12		\$101.77		169
Celery (fresh)	\$25.93		\$43.90		169
Cucumber (fresh)	\$46.72		\$79.08		169
Mushrooms (fresh)	\$45.72		\$77.41		169
Broccoli (fresh)	\$31.86		\$53.94		169
Peppers (fresh)	\$66.88		\$113.23		169
Other vegetables (fresh)	\$340.62		\$576.63		169
Cauliflower (fresh)	\$28.63		\$48.46		169
Seaweed	\$3.48		\$5.89		169
Corn (fresh)	\$12.94		\$21.90		169
Eggplant (fresh)	\$8.60		\$14.56		169
Squash (fresh)	\$36.92		\$62.51		169
Peas (fresh)	\$15.06		\$25.49		169
Beans (fresh)	\$17.75		\$30.05		169
Mixed vegetables (fresh)	\$11.17		\$18.90		169
All other vegetables (fresh)	\$206.08		\$348.88		169
Frozen and dried vegetables	\$48.22		\$77.73		161
Potato products (frozen)	\$18.91		\$30.48		161
Other frozen vegetables	\$21.47		\$34.61		161
Dried vegetables and legumes	\$7.84		\$12.65		161
Canned vegetables and other vegetable preparations	\$129.12		\$208.15		161
Canned or bottled vegetables	\$44.35		\$71.50		161
Tomatoes (canned or bottled, including tomato paste)	\$9.55		\$15.40		161
Peas (canned or bottled)	\$3.58		\$5.78		161
Beans (canned or bottled)	\$11.73		\$18.91		161
Other vegetables or legumes (canned or bottled, except infant food)	\$19.49		\$31.41		161
Other legumes (canned or bottled)	\$8.90		\$14.35		161
Mixed vegetables (canned)	\$1.38		\$2.23		162
All other vegetables (canned or bottled, except infant foods)	\$9.20		\$14.84		161
Ready-to-serve or ready-to-cook prepared salads and side dishes, fruit or vegetable based	\$81.84		\$131.94		161

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Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Vegetable juice (canned or bottled)	\$2.92		\$4.71		161
Tomato juice (canned or bottled)	\$0.94		\$1.51		161
Other vegetable juice (canned or bottled)	\$1.99		\$3.20		161
DAIRY PRODUCTS AND EGGS					
Dairy products and eggs	\$1,202.51		\$1,966.72		164
Cheese	\$291.88		\$478.29		164
Cheddar cheese	\$97.67		\$160.05		164
Mozzarella cheese	\$22.03		\$36.11		164
Processed cheese	\$19.12		\$31.33		164
Other cheeses	\$153.06		\$250.81		164
Cottage cheese, ricotta cheese, and other unripened cheese	\$31.37		\$51.40		164
Other natural and ripened cheese	\$69.04		\$113.12		164
Cream cheese	\$13.88		\$22.74		164
All other cheeses	\$38.78		\$63.55		164
Milk	\$262.25		\$424.29		162
Fluid whole milk	\$61.72		\$99.85		162
Fluid low-fat milk	\$137.29		\$222.11		162
Fluid low-fat milk (2%)	\$101.27		\$163.84		162
Fluid low-fat milk (1%)	\$36.02		\$58.28		162
Skim and other fluid milk	\$63.25		\$102.33		162
Fluid skim milk	\$26.12		\$42.25		162
Other fluid milk	\$37.13		\$60.07		162
Butter	\$73.36		\$120.21		164
Ice cream and ice milk (including novelties)	\$73.22		\$119.98		164
Other dairy products	\$320.45		\$526.59		164
Other processed milk products	\$168.83		\$277.43		164
Other processed dairy products	\$151.63		\$249.16		164
Frozen yogurt	\$2.64		\$4.34		164
Cream (except sour cream)	\$60.96		\$100.17		164
All other dairy products	\$25.39		\$41.72		164
Dairy product substitutes	\$62.64		\$102.93		164
Eggs and other egg products	\$181.34		\$297.36		164
Eggs	\$179.36		\$294.33		164
Other egg products	\$1.98		\$3.03		153
MEAT					
Meat	\$1,786.66		\$2,914.83		163
Meat (except processed meat)	\$1,153.34		\$1,923.51		167
Beef	\$375.12		\$627.12		167
Pork	\$186.21		\$304.84		164
Poultry	\$535.57		\$897.88		168
Turkey	\$79.08		\$132.57		168
Chicken	\$456.49		\$765.31		168
Other meat and poultry	\$56.45		\$93.67		166

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Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Processed meat	\$633.32		\$991.32		157
Bacon and ham	\$90.11		\$141.05		157
Bacon	\$57.88		\$90.60		157
Uncooked ham and dinner ham (except deli-style and canned)	\$32.23		\$50.45		157
Other processed meat	\$543.21		\$850.27		157
Sausage and wieners	\$98.86		\$154.75		157
Sausage (fresh or frozen, uncooked)	\$73.17		\$114.53		157
Wieners (except canned)	\$25.69		\$40.22		157
Deli and deli-style meat	\$240.34		\$376.20		157
Other meat preparations	\$204.00		\$319.32		157
Other meat preparations (frozen or prepared)	\$188.63		\$295.26		157
Meat stew and other meat preparations (canned)	\$15.37		\$24.06		157
FISH AND SEAFOOD					
Fish and seafood	\$279.15		\$494.94		177
Fresh or frozen fish	\$138.57		\$245.68		177
Cod, flounder, sole and haddock (fresh or frozen, uncooked)	\$24.86		\$44.08		177
Salmon (fresh or frozen, uncooked)	\$54.73		\$97.04		177
Other fish (fresh or frozen, uncooked)	\$58.98		\$104.56		177
Canned fish or other preserved fish	\$45.47		\$80.61		177
Tuna (canned)	\$13.85		\$24.56		177
Salmon (canned)	\$12.86		\$22.80		177
Cured fish	\$11.00		\$19.50		177
Other fish (canned or bottled)	\$7.75		\$13.75		177
Seafood and other marine products	\$95.12		\$168.65		177
Shrimp and prawns	\$54.92		\$97.37		177
Other seafood and marine products	\$40.20		\$71.27		177
Lobster	\$13.28		\$23.54		177
Crab	\$6.86		\$12.16		177
Mussels	\$1.60		\$2.83		177
Other shellfish	\$9.99		\$17.70		177
Other marine products	\$8.48		\$15.04		177
NON-ALCOHOLIC BEVERAGES AND OTHER FOOD PRODUCTS					
Non-alcoholic beverages and other food products	\$2,112.83		\$3,265.60		155
Non-alcoholic beverages and beverage mixes	\$640.06		\$1,023.89		160
Coffee and tea	\$263.17		\$420.99		160
Roasted and ground coffee	\$175.10		\$280.10		160
Instant and other coffee	\$32.18		\$51.48		160
Tea (including herbal)	\$55.89		\$89.40		160
Non-alcoholic beverages	\$376.89		\$602.91		160
Carbonated soft drinks	\$126.41		\$202.22		160
Carbonated water and flavoured water	\$31.06		\$49.69		160
Bottled water	\$50.09		\$80.13		160

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Attribute	Benchmark North Vancouver (CSD/CY, BC)		West Vancouver (CSD/DM, BC)		
	Value	Percent	Value	Percent	Index
Meal replacement (powder and drink)	\$82.45		\$131.90		160
Sports and energy drinks	\$29.18		\$46.68		160
Other non-alcoholic beverages	\$57.69		\$92.29		160
SUGAR AND CONFECTIONERY					
Sugar and confectionery	\$426.71		\$698.73		164
Sugar, syrups, and sugar substitutes	\$80.22		\$131.36		164
Sugar	\$29.43		\$48.20		164
Artificial sweeteners	\$13.62		\$22.30		164
Syrups and molasses	\$15.64		\$25.61		164
Sugar preparations for baking and desserts	\$9.08		\$14.88		164
Other sugar, confections, and preparations	\$12.45		\$20.38		164
Candies and chocolates	\$346.50		\$567.37		164
Chocolate bars	\$118.44		\$193.94		164
Other chocolate confections	\$102.08		\$167.15		164
Baking chocolate, cocoa, and chocolate substitutes	\$22.69		\$37.16		164
Sugar candy	\$87.93		\$143.99		164
Gum	\$15.35		\$25.14		164
MARGARINE, OILS AND FATS (EXCLUDING BUTTER)					
Margarine, oils, and fats (excluding butter)	\$78.17		\$127.01		162
Margarine	\$13.75		\$22.34		162
Cooking and salad oils	\$58.29		\$94.70		162
Other oils and fats	\$6.14		\$9.97		162
Condiments, spices, and vinegars	\$361.36		\$556.32		154
Mayonnaise, salad dressings and dips	\$89.27		\$137.43		154
Pasta and pizza sauces (canned, bottled, or dried)	\$30.96		\$47.67		154
Other sauces and gravies (canned, bottled, or dried)	\$42.79		\$65.88		154
Dried herbs and spices	\$30.96		\$47.67		154
Food seasonings (including table salt)	\$55.58		\$85.57		154
Ketchup	\$14.26		\$21.96		154
Pickled vegetables (including olives)	\$38.32		\$59.00		154
Fresh herbs	\$20.94		\$32.24		154
Other condiments (including vinegar)	\$38.26		\$58.91		154
OTHER FOODS					
Other foods, materials and food preparations purchased from stores locally and on day trips	\$606.52		\$859.65		142
Infant food	\$23.93		\$31.96		134
Infant formula	\$12.75		\$16.96		133
Infant cereals and biscuits	\$2.03		\$2.70		133
Canned or bottled infant food	\$8.40		\$11.17		133
Other infant food (including frozen)	\$0.76		\$1.14		150
Frozen prepared food	\$155.63		\$223.68		144
Frozen dinners and entrees	\$53.29		\$76.59		144
Frozen pizza	\$61.25		\$88.03		144
Fish portions (pre-cooked and frozen)	\$7.36		\$10.58		144

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	Value	Percent	Value	Percent	Index
Frozen side dishes and other frozen prepared food	\$33.74		\$48.49		144
Soup (except infant soup)	\$71.59		\$102.90		144
Soup (chilled, frozen, canned, or bottled)	\$47.08		\$67.67		144
Soup (dried)	\$24.51		\$35.23		144
Ready-to-serve prepared food	\$114.22		\$164.17		144
Dinners and entrees (except frozen)	\$52.18		\$75.00		144
Pizza (except frozen)	\$6.52		\$9.38		144
Other ready-to-serve prepared food	\$55.52		\$79.80		144
Snack food	\$94.90		\$126.74		134
Potato-based snack foods	\$69.23		\$92.46		134
Other snack foods	\$25.67		\$34.28		134
Other food preparations	\$146.24		\$210.19		144
Peanut butter and other nut butters	\$35.18		\$50.56		144
Honey	\$18.28		\$26.27		144
Flavoured drink powders, crystals, and syrups	\$15.20		\$21.84		144
Fruit-flavoured drink powders, crystals, and syrups	\$7.96		\$11.44		144
Other drink flavouring powders and syrups, (except fruit flavours)	\$7.24		\$10.40		144
Non-dairy frozen ice treats	\$9.25		\$13.29		144
Dessert powders	\$10.95		\$15.73		144
Jelly powders	\$2.74		\$3.94		144
Prepared dessert powders	\$1.98		\$2.85		144
Puddings, custards, and jellied desserts (canned or bottled)	\$6.22		\$8.95		144
Tofu	\$17.74		\$25.50		144
Other canned, bottled, or dried meals	\$5.53		\$7.94		144
Other materials for food preparation	\$34.13		\$49.05		144
Total food purchased from restaurants: Table, Fast Food, Cafs & Other	\$1,774.82		\$2,729.26		154
Food purchased from table service restaurants	\$1,027.34		\$1,528.52		149
Breakfasts purchased from table service restaurants	\$111.17		\$159.32		143
Lunches purchased from table service restaurants	\$345.42		\$511.61		148
Dinners purchased from table service restaurants	\$557.16		\$838.64		151
Between meals foods purchased from table service restaurants	\$13.59		\$18.95		139
Food purchased from fast food restaurants	\$519.74		\$786.55		151
Breakfasts purchased from fast food restaurants	\$35.16		\$52.59		150
Lunches purchased from fast food restaurants	\$217.22		\$332.92		153
Dinners purchased from fast food restaurants	\$203.43		\$306.81		151
Between meals foods/snacks/non-alcoholic beverages purchased from fast food restaurants	\$63.93		\$94.23		147
Food purchased from cafeterias	\$72.12		\$110.11		153
Breakfasts purchased from cafeterias	\$16.27		\$25.12		154
Lunches purchased from cafeterias	\$37.40		\$56.07		150
Dinners purchased from cafeterias	\$12.00		\$19.01		158

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Between meals foods/snacks/non-alcoholic beverages purchased from cafeterias	\$6.46		\$9.91		153
Food purchased from other restaurants, includes refreshment stands, snack bars, vending machines, chip wagons and caterers. They are usually found at supermarkets, theatres, exhibitions, sports events, parks, etc.	\$155.62		\$304.08		195
Breakfasts purchased from other restaurants	\$7.45		\$12.86		173
Lunches purchased from other restaurants	\$19.85		\$35.31		178
Dinners purchased from other restaurants	\$61		\$112		184
Between meals foods/snacks/non-alcoholic beverages purchased from other restaurants	\$64		\$113		177
Breakfasts purchased from restaurants	\$170		\$250		147
Lunches purchased from restaurants	\$620		\$936		151
Dinners purchased from restaurants	\$833		\$1,277		153
Between meals foods/snacks/non-alcoholic beverages purchased from restaurants	\$148		\$236		159
TOTAL NUMBER OF MEALS PURCHASED FROM RESTAURANTS					
Total number of meals purchased from restaurants	132		166		126
Number of breakfasts purchased locally and on day trips	13.30		15.92		120
Number of lunches purchased locally and on day trips	58.59		73.58		126
Number of dinners purchased locally and on day trips	39.90		50.11		126
Number of breakfasts purchased while on trips overnight or longer	8.13		10.33		127
Number of lunches purchased while on trips overnight or longer	6.65		8.65		130
Number of dinners purchased while on trips overnight or longer	5.83		7.61		131
Number of meals received free or reimbursed while on trips overnight or longer	2.11		2.78		132
WEEKLY SPENDING					
Monday's Food Expenditure on food and beverages purchased from stores	\$1,153.98		\$1,859.78		161
Tuesday's Food Expenditure on food and beverages purchased from stores	\$1,136.99		\$1,865.83		164
Wednesday's Food Expenditure on food and beverages purchased from stores	\$1,302.88		\$2,111.46		162
Thursday's Food Expenditure on food and beverages purchased from stores	\$1,217.00		\$1,976.35		162
Friday's Food Expenditure on food and beverages purchased from stores	\$1,225.40		\$2,003.89		164
Saturday's Food Expenditure on food and beverages purchased from stores	\$1,663.94		\$2,717.80		163
Sunday's Food Expenditure on food and beverages purchased from stores	\$1,225.93		\$1,993.49		163

Index	Description
>=180	Extremely High
>=110 and <180	High
>=90 and <110	Similar
>=50 and <90	Lower
<50	Extremely Low

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Data Source: Manifold Data Mining Inc.

This report is based on consumer demographic and behaviour data products at the 6-digit postal code level. No confidential information about an individual, household, organization or business has been obtained from Statistics Canada or Numeris.